

2016-2017 GIFT CATALOG



BAG OF BEANS

Here is a story of how this gift helps others

Farmers in Malawi and Uganda often grow the same crop because they only have access to certain seed. This limits what types of food families eat. To improve nutrition, it is important for families to eat a variety of healthy foods. Using certain seeds can also help rebuild the soil and provide additional income when extra crops are sold at the market.

One seed that is particularly helpful for farmers is the Lablab bean. It is especially helpful in areas without much tree cover and depleted soil fertility. These plants create a green manure and act as cover crop for the soil and other foods a farmer is growing. Cover crops cover the soil from the sun and preserve the soil's moisture for better crop growth.

Lablab beans also allow low income famers to rejuvenate their soil without spending hefty amounts of money on fertilizers. They enrich the soil by adding nitrogen back into the ground. With healthy soil, farmers can grow more crops to eat and sell for income. Over time Lablab beans become drought resistant and can continue to produce seed even without rainfall. In addition to all of these great things, Lablab beans are also a vegetable that families can eat.

Your gift of a bag of beans will give farmers the ability to grow a crop that benefits their land, income and family nutrition.

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