

UZIMA

GIFT CATALOG 2018-2019

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Thank you for your gift of an Adolescent Health Kit

Being a young person can be hard. That space between childhood and adult life is full of questions and cares, decisions and risks. Poverty and lack of education or guidance can make the job of growing up even harder.

In Senegal and Nigeria, World Renew has seen financial stress lead young people to drop out of school, thwarting dreams for better jobs and leading some into early marriage or transactional sex. Stigma and traditional cultural practices can prevent young people from receiving age-appropriate answers to their questions about health, sexuality, and relationships, leaving adolescents more vulnerable to HIV, sexually-transmitted diseases, unintended pregnancy, or sexual abuse.

Since 2013, World Renew has reached about 10,000 young people in Senegal and Nigeria with good information about health and sexuality through Adolescent Health and Rights Groups. **With the support of parents and religious and community leaders, these adolescent health programs offer young people the opportunity to understand their bodies, their rights, and — most importantly — their value.**

Led by trained peers, discussion groups offer teens a safe place to discuss their concerns and find support.

An adolescent health kit provides curriculum and booklets for each group as well as training for leaders and economic empowerment opportunities for young people. For girls in particular, job training offered in conjunction with adolescent health programs equips participants with ways to survive other than early marriage or transactional sex.

In Nigeria, Jane dropped out of school when her parents could no longer afford the fees. When she became pregnant and her baby's father left, her parents tried to force her to marry an elderly man. At this low point, Jane joined the Adolescent Health and Rights group in her community, where she found support to say no to the marriage and encouragement about her future. Today, she is a seamstress-in-training and hopeful for herself and her child.

Young people need good information about their health, their rights, and their value. An adolescent health kit supports their enthusiasm and initiative for an abundant life of fruitful work and good health.

THANK YOU

“... I HAVE COME THAT THEY MAY HAVE LIFE, AND HAVE IT TO THE FULL.”

—John 10:10

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