# Making a Difference One Step at a Time

Healthy Living affects every part of life: it includes caring for people who have HIV, monitoring mothers and babies, ensuring nourishment and food security, and working together to create better financial health as a community.

Step into a developing community with World Renew staff and meet people who are building healthier lifestyles from the ground up. Experience hope and learn from community members about the importance of health, education, literacy, food production, and food security in ending poverty and hunger worldwide.

# Be part of the heathy living difference!

Begin in **Tanzania,** July 10-15, 2016, and then go to **Kenya,** July 16-23, 2016. 1700 28th Street SE Grand Rapids MI 49508-1. worldrenew.net





# 2016 TANZANIA AND KENYA Healthy Living Tour



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## Why Healthy Living?

World Renew emphasizes Healthy Living in the communities where we work as a part of an integrated approach to addressing poverty and hunger worldwide.

In Tanzania and Kenya, World Renew's Healthy Living programs include HIV and AIDS response, training that is highly participatory, and organizing that is community-led. Recently, community groups added training in sexual and reproductive health and human trafficking prevention to their efforts.

## Why You?

The Healthy Living Tour is a learning opportunity in which you are an active participant, sharing your skills in training sessions in health, entrepreneurship, agriculture, livelihoods, and village savings and loans.

# worldrenew.net

You will experience innovative, participatory learning methods and witness how communities address their challenges. You will see that healthy lifestyles improve cooperation and sustainability.

There isn't a quick fix for unhealthy living, but together as God's people, we can take a step at a time toward Healthy Living with communities in Tanzania and Kenya.

### 2016 Healthy Living Tour July 10-23, 2016

Space is limited. Call or email today to find out more!

**US:** Mary Dykstra 800-552-7972 or mdykstra@worldrenew.net

**Canada:** Iona Buisman 800-730-3490 or ibuisman@worldrenew.net

The 2016 Healthy Living Tour is a part of World Renew's Global Volunteer Program. Learn more at worldrenew.net/volunteer. NO, HE HAS TOLD YOU WHAT HE WANTS, AND THIS IS ALL IT IS: TO BE FAIR, JUST, MERCIFUL, AND TO WALK HUMBLY WITH YOUR GOD. MICAH 6:8 TLB



# 2016 HEALTHY LIVING TOUR July 10-23, 2016

Be a part of the healthy living difference!

### Applications are Due on April 30, 2016

#### What's in it for you:

See change taking place! On the Healthy Living Tour, you will experience community life in Tanzania and Kenya where World Renew's HIV programs include village savings and loans, food security, literacy, micro-finance, clean water, and sanitation. You'll meet AIDS orphans who are cared for and well-fed, and sex workers who are building new job skills and becoming active citizens. You'll see the light of Christ shining through your experiences, bringing His hope and life to those in need.

### Why

World Renew's 2016 Healthy Living Tour gives you the opportunity God at work on the ground in communities of poverty in Africa. You'll meet local staff, grassroots volunteers, and visit communities where Christian organizations are working together to improve their way of life.

**Cost \$3,500.00 (U.S.)** (Plus airfare. See other side for a list of inclusions.)

Questions? Contact: US: Mary Dykstra 800-552-7972 or mdykstra@worldrenew.net

**Canada:** Iona Buisman 800-730-3490 or ibuisman@worldrenew.net



### What is the World Renew Global Volunteer Program?

World Renew's Global Volunteer Program structures D!SCOVERY Tours to challenge you to grow in your understanding of God's world. A D!SCOVERY Tour involves 12 or fewer individuals who spend up to two weeks exploring poverty and hunger alleviation in communities where World Renew works in the developing world.

On tour, you will learn about the exciting, transforming work that World Renew is involved in. You will have the chance to learn from your brothers and sisters in another culture. You will also return home with a passion to tell the stories of Christians you meet who are working to create better lives for their families and communities for generations to come!

### Each tour is different, but includes

- orientation and debriefing.
- time with the World Renew staff who will guide you on your journey.
- visits to partner ministries of World Renew.
- time with community members.
- a financial donation to the partners' ministries.
- an opportunity to view God's creation.
- worship services with your brothers and sisters.
- opportunities to wrestle together with complex issues like poverty and injustice.
- a challenge to take what you have learned and incorporate it into your own life at home.

### Cost

Tour participants are required to raise the total cost of the tour. The costs include

• ground transportation related to the tour (vehicle rental, fuel and driver).

World GLOBAL VOLUNTEER PROGRAM

- lodging clean and simple.
- all meals, fees, and gratuities.
- visa fees.