



Thank you for giving the gift of a kitchen garden

In countries like Uganda and Kenya, many people are **subsistence farmers**. This means that they rely on what they can grow for food. Challenges abound: poor soil, lack of water due to climate or distance, city life that makes farming impossible, even age and poor health that prevent a person from doing the back-breaking working of farming land. **Enough food can be hard to come by and many people are hungry.**

A kitchen garden is an ingenious solution to some of these challenges. A sack with an inner core of rocks surrounded by soil, a kitchen garden maintains moisture well, resists weeds, and allows people living in cities or without their own land to grow nutritious food right outside their kitchen door! Its simplicity and ease of maintenance make it a food source that children, the elderly, and people with disabilities can easily tend. Kitchen gardens are common in cities where tiny yards stuffed edge-to-edge with sacks, produce abounding.

World Renew wants hungry people in Uganda and Kenya to have all the possible tools they can to grow food. Your gift of a kitchen garden includes five sacks and five seed packets along with lessons on how to make a sack garden and care for it.

Because people don't need land or a lot of water to maintain it, a sack garden is just a few steps from helping people grow healthy food right outside their door. **And nutritious food makes people healthier, more able to work and study, more resilient, more able to experience abundant life.**

THANK YOU

“... I HAVE COME THAT THEY MAY HAVE LIFE, AND HAVE IT TO THE FULL.”

—John 10:10