

**World Hunger
Campaign**

LEADER'S GUIDE

Changing
the story



Follow the World Hunger campaign on social media    



Table of contents

Introduction.....	2
Ideas for a Creative World Hunger Campaign.....	3
Fast Facts about Poverty	5
Bulletin Announcements.....	6
Deacon's Hints.....	7
Children's Sermons.....	8
Song Suggestions.....	11
Prayer.....	12
Advocacy Suggestions	13
Next Steps	14
Fold Your Own Peter Fish	15
See Your Gifts At Work	16

Peter fish banks and devotional booklets can be ordered

Devotional booklets, Peter Fish banks, DVDs, bulletin inserts or bulletin covers are all available FREE OF CHARGE. To place an order call 1-800-333-8300 or visit worldrenew.net/order.

Additional World Hunger resources are available for download at worldrenew.net/worldhunger



Introduction

Welcome to the 2016-2017 World Renew World Hunger Campaign. This year's theme is "Changing the Story" and is based on 2 Corinthians 5:17 — "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

We all have stories that make up our lives. In many parts of the world, people's stories begin in a place of hardship. Illiteracy, poor healthcare, hunger, and poverty are a regular part of life. Through God's grace, people's hard work, and the support like yours, however, many of these men, women and children are taking steps to improve their lives.

Every day, World Renew sees people rewriting their stories:

- From poverty to plenty
- From illiterate to educated
- From victims of disaster to empowered survivors
- From the forgotten of society to recognizing they are God's much-loved children

This change is not just a material one. Jesus is the greatest story changer of all. He turned fishermen into disciples, fallen women into followers, and persecutors into missionaries.

That's why, as World Renew seeks to help people in need, we work through churches and Christian partners in communities around the world to tackle poverty, disaster and injustice.

Many men and women around the world have been shaped by stories about their poverty. They may believe that poverty is their destiny, that rights and justice don't apply to them, or that their dreams and aspirations are not important.

As people begin to accept their value as children of God, however, they recognize their God-given talents and abilities, tap into their potential as God's image bearers, and become equipped to change their own stories for the long-term.

By participating in this year's World Hunger campaign, you and your congregation are invited to join World Renew in this story-changing work. The following pages include many of the resources you will need to present the World Hunger campaign to your congregation. This includes several worship services resources as well as activities that members can do at home or during the week.

In addition to the materials in this booklet, World Renew has produced devotional booklets that you can distribute to the individuals, couples and families in your church. Each booklet contains two sets of devotions. One is written for older youth and adults. The second is written with young children in mind and is intended for use with World Renew's orange Peter Fish banks. If you prefer not to use the banks, families can also make their own banks at home using recycled containers.

Traditionally, World Renew's World Hunger Campaign takes place during the weeks leading up to World Hunger Sunday (designated by the CRC Synod in 1979 to be the first Sunday in November). This year that would entail distribution of the materials on Sunday, October 16 and a culmination in World Hunger Sunday on November 6. However, the materials are written in such a way that they can be used at any time throughout the year.

If you have any questions, please feel free to contact World Renew at 1-800-552-7972 (US) or 1-800-730-3490 (Canada).



Ideas for a Creative World Hunger Campaign

1. **FILL A FISHBOWL** — Place a large fishbowl or aquarium at the front of the sanctuary. On your kick-off Sunday, ask the pastor or a deacon to put their spare change in the bowl. On the following weeks, ask children to bring their banks each week and empty the contents into the bowl. Watch as the gifts multiply week after week. You can also ask your youth group to help count and roll the change after your final offering on World Hunger Sunday.
2. **PAPER THE PEWS** — ask your Sunday School or youth group to help you decorate the church for your World Hunger campaign by using paper fish. There are a lot of origami fish tutorials on the internet. Encourage people to be creative.
3. **COFFEE SOCIAL WITH A MESSAGE** — Use your coffee time after a worship service to teach people about hunger and inequity. Before the service, purchase a slab cake to serve with coffee during your fellowship time. Also create slips of paper for your congregation based on the following percentages: 17% High Income, 25% Middle Income, 57% Low income. On each write one of the following:

High-Income Country — *You are from a high-income country. This group represents about one in six people in the world. It includes countries like Canada, the United States, and Japan. Most people make enough money to live comfortably. Most children have access to safe water and good doctors. Many people get more to eat than they need and live to be about 76 years old.*

Middle-Income Country — *You are from a middle-income country. One in four people in the world are in this group. It includes countries like Poland, Thailand and the Philippines. Many people do not get enough to eat and five times more children die in this group than in high-income countries.*

Low-Income Country — *You are from a low-income country. More than half of the people in the world live here, in countries like Haiti, Bangladesh and Ethiopia. People earn less than \$2 a day and most go hungry every day. The drinking water often makes people sick, and some people die from drinking it. On average, people in these countries live to be about 60 years old.*

At the end of your worship service, let people know that there will be a special treat in the fellowship hall following the service. As people leave the sanctuary, they will each receive a slip of paper. They can then use that paper to find the table where their treat is located.

On the High-Income table have 20 pieces of cake for each 24-piece cake that you purchased. On the Middle-Income table have three pieces of cake and many forks. And on the low-income table have one piece of cake with several forks.

Have people from different groups read their slips of paper to each other. The high-income group will have the fewest people, but get the most cake; the low-income countries will have the most people and the least cake.

Tell everyone to dig in and enjoy their snack. Don't make the food amounts equal in the end — allow participants to feel the injustice of the food distribution. Allow participants to share cake with each other, but only if they choose.

While they eat, ask the group members to reflect on the activity using the following questions:

- Group 1: How does it feel to have so much food, especially when others don't?
- Group 2: How do you feel about the High-Income Country and the Low-Income Country?
- Group 3: How do you feel about the people in the wealthier groups? What kinds of actions would you consider taking to get some of their cake?

- 4. STORY-TELLING** — Hold a story-telling night in your church during the week. Invite children in your church and community to come dressed in their pajamas for a bedtime snack and a story. Have engaging readers in your congregation read a selection of fun stories to them. Here are a few book ideas to get you started:

- *Sam and Wallace* by Rachel Lancashire (all proceeds from the sale of this book are being donated to World Renew). (Blurb; 2016)
- *Armando and the Blue Tarp School* by Edith Hope Fine and Judith Pinkerton Josephson. Illustrated by Hernan Sosa (Lee & Low Books Inc., 2007)
- *Enough* by Marsha Forchuk Skrypuch. Illustrated by Michael Martchenko (Fitzhenry & Whiteside, 2000)
- *Home Now* by Lesley Beake. Illustrated by Karin Littlewood (Charlesbridge, 2007)
- *If the World Were a Village: A Book About the World's People* (Second Edition) by David J. Smith. Illustrated by Shelagh Armstrong (Kids Can Press, 2011)
- *One Hen: How One Small Loan Made a Big Difference* by Katie Smith Milway. Illustrated by Eugenie Fernandes (Kids Can Press, 2008)
- *One Well: The Story of Water on Earth* by Rochelle Strauss. Illustrated by Rosemary Woods (Kids Can Press, 2007)
- *Our Stories, Our Songs: African Children Talk About AIDS* by Deborah Ellis (Fitzhenry & Whiteside, 2005)
- *Papa's Pastries* by Charles Toscano. Illustrated by Sonja Lamut (Zonderkidz, 2010)
- *Ryan and Jimmy and the Well in Africa that Brought Them Together* by Herb Shoveller. (Kids Can Press, 2008)
- *The Colour of Home* by Mary Hoffman. Illustrated by Karin Littlewood (Frances Lincoln, 2002)
- *The Good Garden: How One Family Went From Hunger to Having Enough* by Katie Smith Milway. Illustrated by Sylvie Daigneault (Kids Can Press, 2010).

- 5. DO A HUNGER SERIES** — Calvin CRC in Ottawa, Ontario did a six-week series on hunger back in 2010. They shared a lot of great resources and ideas at <http://www.reformedworship.org/article/march-2010/hungering-righteousness>



Fast Facts About Hunger

What is hunger? Where does it happen and who is affected? Bread for the World provides some statistics and other information that you may find helpful when talking about world hunger with your congregation. *(All information is taken directly from the Bread for the World website: bread.org)*

Fast facts about hunger and poverty

1. Worldwide, 1.2 billion people still live in extreme poverty—on less than \$1.25 per day.
2. 795 million people in the world experience hunger every day, living without enough food to lead a healthy and active lifestyle.
3. 3 million children under the age of 5 die each year as a result of poor nutrition.
4. The vast majority of the world's hungry people live in developing countries, where 13.5 percent of the population is undernourished.
5. Just over a quarter of the world's undernourished people live in sub-Saharan Africa, where one in four people suffer from hunger.
6. In India, more than 40 percent of children are stunted (shorter than usual for their age group) due to malnutrition. This often correlates with more difficulty in school, lower wages, and poorer health as adults.
7. An estimated 50 million members of indigenous communities across Mexico and Central America experience high levels of hunger—up to eight times higher than the general population in the region.
8. In many countries, women and girls are more likely to suffer from hunger and malnutrition than men and boys.
9. The people most affected by food shortages are small-scale farmers and their families, who depend on their own surplus to survive between harvests.



Bulletin Announcements

Here are a few announcements that you can use in your church bulletin to promote your World Hunger Sunday event.

Three weeks before

World Renew invites you to join thousands of others in this year's World Hunger Campaign entitled "Changing the Story." Use the devotional booklet in your mailbox to reflect on the ways God changes our stories for the better. Then join us on November 6 for World Hunger Sunday.

Two weeks before

In many parts of the world, people's stories begin in a place of hardship. As you read your "Changing the Story" devotional booklet from World Renew, consider how God is changing your story and can use you to equip people to change their stories as well. Then join us on November 6 for World Hunger Sunday.

One week before

Our individual stories are only a small part of God's great story. Please continue to join with your families and churches across North America in "Changing the Story" this week as you read about God's work in Bible times and around the world today. Then bring your Peter Fish banks to church next week as we celebrate World Hunger Sunday.

World Hunger Sunday

Today, we bring our offerings and trust that God, the Author of all our stories, will use them through the work of World Renew to equip people around the world to change their stories for the better. To learn more about how your gifts will be used or to find additional ways to be involved, visit worldrenew.net.

One week later

Thank you for "Changing the Story" during this year's World Hunger Campaign! This year our church raised \$_____ for World Renew's ministry to people around the world, funds that go towards reducing poverty, combatting injustice, providing education, and other community programs. For more information about World Renew, please visit worldrenew.net.



Deacon's Hints

Here are a few suggestions to help you plan for and implement a successful “Changing the Story” World Hunger Campaign with your congregation.

TIME FRAME	ACTION
Two months before (For example, Sept. 5)	<ul style="list-style-type: none"> • Discuss World Hunger plans at a deacons’ meeting. • Share materials and dates with your pastor and worship committee to prepare for a World Hunger Sunday. • Check to see if you have Peter Fish banks in storage. If you don’t have enough, order more by calling 1-800-333-8300. You can also encourage your congregation to make their own Peter Fish containers using recycled materials. • Order bulletin inserts/covers, devotional booklets, poster and a DVD of World Renew’s World Hunger video.
Three weeks before (For example, Oct. 16)	<ul style="list-style-type: none"> • Make an announcement during the Sunday service that your World Hunger Campaign is starting. • Distribute Peter Fish banks and devotional booklets to your congregation. • Consider using a children’s sermon to introduce the Peter Fish banks to kids and parents. • Consider organizing a hunger awareness coffee fellowship after the service • Consider having the youth or Sunday school create origami fish to decorate your sanctuary or fellowship hall.
Two weeks before (For example, Oct. 23)	<ul style="list-style-type: none"> • If the youth or Sunday school made oragami fish, hang them in the sanctuary or fellowship hall. • Consider having children empty their first week’s-worth of change into a fishbowl or aquarium at the font of church • Have a children’s message
One week before (For example, Oct. 30)	<ul style="list-style-type: none"> • Remind people that next week will be World Hunger Sunday by asking a deacon to make an announcement during the service. Remind people to bring in their Peter Fish banks next week.
World Hunger Sunday (For example, Nov. 6)	<ul style="list-style-type: none"> • Collect the Peter Fish banks during the worship service. • Hold an offering for World Renew during your collection. • Use the World Hunger worship materials to conduct a special worship service that highlights God’s ability to change our stories.
During the week	<ul style="list-style-type: none"> • If the youth meet this week, have them count and roll the Peter Fish offerings.
One week later	<ul style="list-style-type: none"> • Forward gifts from your World Hunger event to World Renew. • Report back to your congregation about how much money you raised during your World Hunger event.



Children's Message 1

Good morning!

Can any of you tell me what this is? (*hold up a picture book from the library*). That's right, it is a book. Do any of you have books at home? What's your favorite story?

I love books. Here are a few of my favorites (*hold up a few examples of story Bibles*). Can any of you tell me what these are? That's right, they are different versions of The Bible. The Bible is my favorite book. Can any of you tell me who the Bible is about? That's right, Jesus.

If you read any of these story Bibles or a different Bible at home, you'll hear all about the amazing story of God's love. How he created the world, loved us so much, sent his son to die for us, and is preparing a place for us in heaven. God's story is full of crazy ups and downs. There is a cast of crazy characters from Samson the long-haired strongman, to Ruth the loving daughter-in-law, to Zacchaeus the short but faithful follower.

The main character, though, is Jesus. Everything else in the Bible is part of Jesus story, either the promise of his coming, the story of his birth, the story of his life, or the story of how we should live until he comes again.

The Bible also shows us that Jesus can change each and every one of us like he changed Samson, Ruth and Zaccheus.

Over the next two weeks, we're going to learn about how God changes our stories for the better, and we're also going to have a chance to equip people across the world to change their stories. Through putting coins in our Peter Fish banks, we're helping an organization called World Renew to help poor farmers grow more food, to provide kids with a chance to go to school, and to help women start their own small businesses and support their families.

Let's thank God for changing people's stories, and ask him to use our Peter Fish banks to help poor people across the world change their stories for the better.

Prayer: *Heavenly Father, thank you that you care enough about each of us to change our stories, just like you changed the stories of many people in the Bible. Please bless the gifts we offer to you through these Peter Fish and use them to do your work around the world. Amen.*



Children's Message 2

Good morning, everyone!

As you can see, I've brought my Peter Fish back this week with some coins in it. (*Hold up/shake Peter Fish bank.*) Does anyone remember why we're filling the Peter Fish banks? (*Children answer.*)

That's right! The money we put in these banks goes to help poor people around the world provide food for their families, go to school, and grow up healthy.

Today, I want to tell you a true story about a boy who lives across the world in a country called Bangladesh. His name is Mamun and he is 13 years old.

Mamun's dad died when he was very young and his mom didn't have enough money to send him to school anymore. So instead of going to school, Mamun had to spend all day working in a bicycle workshop. He didn't have time to play with his friends anymore and he didn't have a reason to have dreams for his future, because it didn't seem like he would be able to make them come true.

One day, Mamun's mom told him about a program she had heard of. It was a group for children Mamun's age, where Mamun was able to learn lessons about rights he had, about education, and about health. He was still working at the bike workshop, but through this group he made friends and was able to start thinking about his future again.

Mamun still hopes to go back to school one day, but for now he is able to dream about the future again.

The money that we put in our Peter Fish banks helps children like Mamun. It's a way for us to contribute to programs around the world that help provide food for poor families and encourage education.

This week, when we put coins in our Peter Fish, let's pray for the children around the world who don't have enough to eat or who can't go to school. We believe that God can use this money to help them change their own stories for the better.

Prayer: *Dear Jesus, Thank you for the work that you are doing to help families around the world find hope, no matter what is happening in their lives. Please bless the offerings we bring to you and use them for your work in countries around the world. Amen.*



Children's Message 3

Good morning, everyone! How are you this morning?

Did you all bring back your Peter Fish banks? Can you hold them up high? *(Raise Peter Fish, and have the children imitate you.)*

Hmm. Do they seem heavier than they did two weeks ago? Who can remind me why we filled up these Peter Fish? *(Children respond.)*

That's right; we're raising money to give to an organization called World Renew, which helps give food to poor people around the world and helps children go to school.

Have any of you been reading the devotionals at home with your families over the past few weeks? Can anyone tell me what they've been about? *(Children respond.)*

That's right! The theme has been "Changing the Story." And that's what we've been talking about up here for the past few weeks as well.

Last week, we talked about Mamun, the 13 year old boy from Bangladesh who is dreaming of how he can change his story and is finding hope for the future.

With the money from these Peter Fish banks, we're helping to be part of God's work around the world in changing people's stories from despair to hope. Now that is something to celebrate!

Do you know what else we can celebrate? The fact that God is changing our stories as well. He calls us his beloved children and brings us into his family, and he invites us to join him in his work around the world. The money in these Peter Fish banks will go to other children in God's family and help them remember how much God loves and cares about them too.

Prayer: *Dear Jesus, please use these Peter Fish to bless our brothers and sisters around the world. Thank you for your faithfulness as the author of all our stories. In your name, Amen.*



Song suggestions:

Gray Psalter Hymnal

- #293: *"What Does the Lord Require"*
- #490: *"Blessed Assurance: Jesus is Mine"*
- #530: *"I Love to Tell the Story"*
- #541: *"Christ Shall Have Dominion"*
- #593: *"My Song Forever Shall Record"*
- #606: *"O God of Every Nation"*

Sing! A New Creation

- #179: *"Somos uno en Cristo/We are One in Christ Jesus"*
- #198: *"Mayenziwe/Your Will Be Done"*
- #263: *"Open Our Eyes"*
- #264: *"When a Prophet Sings of Justice"*
- #267: *"Will You Come and Follow Me"*

Lift Up Your Hearts: Psalms, Hymns and Spiritual Songs

- #262: *"I Love to Tell the Story"*
- #280: *"My Song Forever Shall Record"*
- #282: *"O God of Every Nation"*
- #289: *"For the Healing of the Nations"*
- #297: *"Open Our Eyes"*
- #363: *"Blessed Assurance: Jesus is Mine"*
- #742: *"Will You Come and Follow Me"*



Prayer

God of Comfort and Compassion,

We come before you with grateful hearts—grateful that we belong to you.
You are the One who gathers, protects, and cares for your Church
through your Word and by your Spirit.
You have revealed yourself to us as
the One who wishes to bring justice and peace in a suffering world.

We know that when we suffer, you are there.
And so we pray, that when others suffer
from disasters and oppression, poverty and loss,
that you would open our eyes to recognize that you are there.
Move our feet to follow you
in bringing justice to the oppressed,
and bread to the hungry.

Equip us to lift up the downtrodden,
and change the systems that keep people in poverty.
Empower us to witness to your saving power
by striving against injustice.

As those who belong to you, and to your global Church,
help us to stand where you stand.
Give us the courage and the strength to follow you
as you change the stories of people around the world.

You are the one and only God—Father, Son and Holy Spirit.
To you be the honor and the glory for ever and ever.

Amen.



Advocacy for Small Farms and Nutrition

Ending hunger means more than just providing enough food and calories for everyone. Side by side with the need for sufficient food to live an active life is the need for the right foods — for good nutrition. A diet drawing from all food groups that is rich with vitamins and minerals is crucial for the health, growth, and strength of both bodies and minds.

Focusing on women and young children is important because these groups are the most vulnerable to hunger and malnutrition. Nearly half of the world's smallholder farmers are women, with higher rates in developing countries. That means in the rural areas of Asia, Africa, and Latin America, the majority of people engaging in subsistence farming to feed themselves and their families are women.

Being a smallholder farmer often means living on the edge. Changes in the climate, a natural disaster, or even just the limits of what can be grown on a small plot of land can limit both the quantity and quality of the food a family eats. And this can be devastating to a woman and her family.

Women are also the ones in a family primarily responsible for caring for the children. Bread for the World Institute's analysis shows that giving children good nutrition early in life — starting in the womb — benefits them in a multitude of ways throughout their entire lives.

Studies show that malnutrition during the early months of a child's life can stunt their physical and cognitive development and increases the risk of illness in childhood and later in life. As a result, the cost of malnutrition is very high in terms of health care, school readiness, amount of education, and lost productivity and income.

In short, good nutrition is a key way of combatting hunger and good nutrition — eating well — is a pathway to good health and living an active, thriving life. World Renew believes it is important that governments protect robust funding specifically for programs that focus on building stability for small farms and nutrition and health for mothers, newborns, and young children.

Through funding by the US government to sustainable nutrition projects significant progress has been made in addressing chronic malnutrition which has helped more than seven million small farmers increase crop production and provided nutritious foods to more than 12.5 million children in 2013 alone. These programs continue to help hungry and malnourished nations around the world develop smart, long-term, country specific agriculture policies and ensure these nations independently empower their people to meet their own nutrition needs.

Canada has also been a long-time leader in providing foreign aid investment into initiatives that help farmers. However, the amount of Canadian investments supporting small-scale farmers has declined by 30% since 2011.

Churches can use the resources below to let their elected officials know that they support important farm and nutrition programs.

- Sample advocacy letter to U.S. Congress
- Advocacy information for Parliament
- Biblical Advocacy 101 for U.S. and Canada



Next Steps

Looking for a way to extend your congregation's learning about global hunger and injustice? Consider hosting an adult bible study in your church.

World Hunger has teamed up with Micah Challenge to publish an in-depth, scriptural and practical study that can help your congregation live justly in six key areas of life: advocacy, prayer, consumption, generosity, creation care and relationships.

This book, entitled "Live Justly", is a book of hope, deep learning and practical opportunities with several examples from World Renew's programs. There are 10 sessions in all and each is about 10 pages long, which makes it an ideal resource for small groups.

There are also unique editions for Canadian and US audiences. Order a copy today at worldrenew.net/order or 1-800-333-8300



Easy Origami Fish Instructions and Diagram

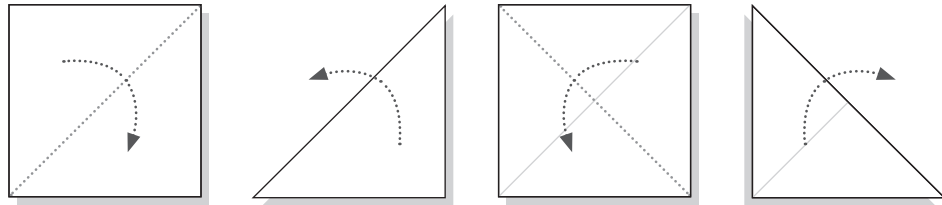
Origami Fish Follow the instructions below to make this Easy Origami Fish

Kids will have lots of fun folding this easy origami fish and drawing in its eyes and stripes. I doubt they need help at all, but if they do, it would be to collapse the paper into a triangle and folding the fins perfectly. To center the fins perfectly, first place one over the other without creasing. Then kind of roll it up or down till they're centered, and crease when they are.

If this easy origami fish doesn't satisfy you, you can try the more challenging origami fish. It's not an angelfish like this one, but leans towards more of the traditional fish figure. It's not too hard, but definitely "showoffable". You can find the directions for it online at www.origamiway.com

Step 1

Start with a square piece of origami paper. If you only have regular 8.5x11 paper, cut the paper to a square 8.5x8.5.

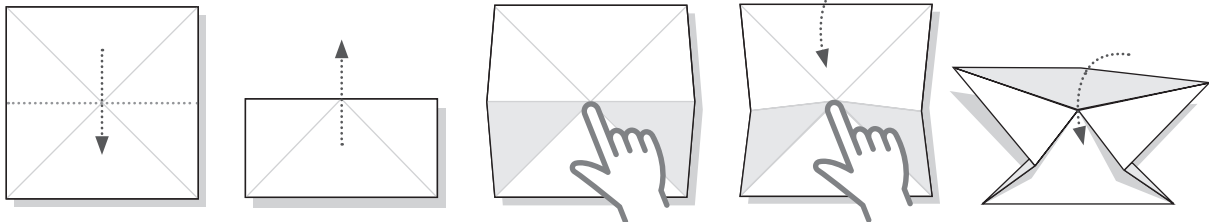


Step 2

Fold the the upper left corner to the lower right corner, then unfold.

Step 3

Fold the upper right corner to the lower left corner, then unfold.



Step 4

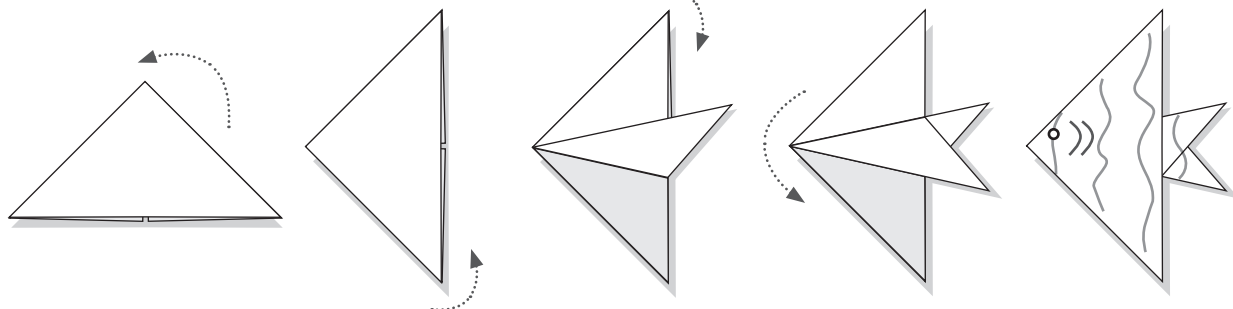
Fold the top half back, then unfold.

Step 5

Poke the center with your finger so that the center pops in.

Step 6

Bring the left and right sides together so that the paper collapses into a triangle.



Step 7

Rotate the triangle left 90° (counter-clockwise).

Step 8

Fold the bottom corner up a little above the center as shown.

Step 9

Fold the top flap over the bottom one as shown.

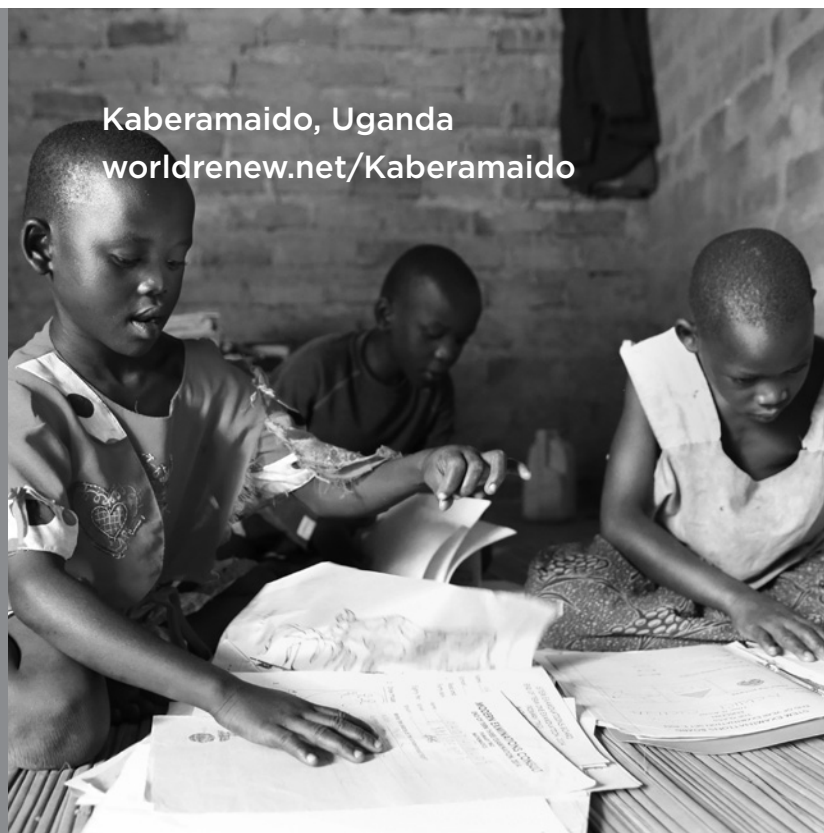
Step 10

Turn the fish over and you're done. Draw the eye and some stripes to make it look nice!



See Your Gift At Work

Would you like to see how God is using your World Hunger offering to change stories around the world? World Renew has identified three communities where poverty, hunger and injustice have created major obstacles to people's lives, but where World Renew is working with Christian leaders to bring about change. We'll be providing photos, videos and story updates about these communities over the coming years. Join us in watching God change the story.



Kaberaimaido, Uganda
worldrenew.net/Kaberaimaido



Concepción Actelá, Guatemala
worldrenew.net/Concepcion



Srae Chrov, Cambodia
worldrenew.net/SraeChrov



Look for other World Renew offering materials for the following dates:

- Thanksgiving (U.S.)
November 24, 2016
- Christmas Day
December 25, 2016
- Canadian Foodgrains Bank Sunday (Canada)
March 5, 2017
- Disaster Response Services Sunday (U.S.)
March 5, 2017
- Refugee Sunday (Canada)
April 9, 2017
- Maternal & Child Health Sunday
May 21, 2017
- Thanksgiving (Canada)
October 8, 2017
- World Hunger Sunday
November 5, 2017

 **WorldRenew**
LIVING JUSTICE • LOVING MERCY • SERVING CHRIST

WORLD RENEW-CANADA 3475 Mainway • PO Box 5070
STN LCD 1 • Burlington, ON L7R 3Y8 • 1-800-730-3490

WORLD RENEW-US 1700 28th Street SE • Grand Rapids,
MI 49508-1407 • 1-800-552-7972

worldrenew.net/worldhunger    

World Renew is an agency of the Christian Reformed Church (CRC) that relies on support from donors like you and does not receive CRC Ministry Shares. To learn more about the CRC's work in North America and around the world, visit www.crcna.org.

