**FASTFORWARD**

**SAMPLE SCHEDULE**

**FRIDAY**

12:30  |  **ENJOY YOUR LAST LUNCH (e PERSONAL HOMES/SCHOOL)**
1:00   |  **BEGIN FAST. HAVE STUDENTS KICK OFF THEIR FAST ON THEIR OWN OR START TOGETHER!**
4:00   |  **GROUP EVENT - ARRIVAL, REGISTRATION, SETTLE IN, ETC**
4:30   |  **WELCOME & ORIENTATION**
5:00   |  **ACTIVITY #1**
6:30   |  **FREE TIME**
7:00   |  **SESSION (COULD INCLUDE: WORSHIP, SMALL GROUPS, DISCUSSION, BIBLE STUDY)**
9:00   |  **ACTIVITY #2**
10:30  |  **WIND DOWN - SLEEP OVER OR DEPARTURE OPTIONAL LATE NIGHT ACTIVITY (EX. MOVIE)**

**SATURDAY**

9:00   |  **RISE AND SHINE**
9:30   |  **SESSION (MORNING REFLECTION & ENCOURAGEMENT)**
10:00  |  **SERVICE PROJECT**
12:00  |  **SESSION**
1:00   |  **BREAK-FAST & CELEBRATION**

see resources on www.worldrenrew.net/fastforward for activity and session ideas