



HUNGER FOR GOOD

WORLD
HUNGER
2022

Kid's ACTIVITY

HUNGER FOR GOOD: LET'S SHOP FOR GOOD!

Dear Adult,

At World Renew, we work with families around the world who are facing food insecurity—food insecurity that has been further exacerbated by conflict, severe weather, and the lingering effects of a global pandemic. We support hungry families in different ways depending on their situation, but one specific way is by equipping farmers with the resources and education they need to grow more nutritious and sustainable crops. By partnering together, we can enable those who are hungry to feed themselves.

Food insecurity is a concept that may be difficult for children to understand. That's why we've created this activity for you to do together. It's one way that you can instill in your children an awareness of people in need and ways that God invites us to come alongside and help them. We've outlined a simple grocery trip that you can use to teach your kids more about what to buy, where food comes from, and how much it costs.

1. Create a grocery list (or use the one we've provided) to have an intentional conversation with your child around food. Explain to them how you decide what to buy.

- A. What healthy fruits and vegetables are you looking for?
- B. What are "staple" items (bread, milk, eggs, etc.) and why are they important?
- C. Are there special recipes or dishes you need to buy ingredients for (like the World Renew Dinner for Good, wink wink)?
- D. Are there items you can buy as a reminder for the week to support those struggling to grow their own food (see some stories below from World Renew's Hunger for Good Devotional)

2. Take your child and the list and go to the store. Explain the layout of the store and where to find certain foods—like bread in the bakery section or milk in dairy.

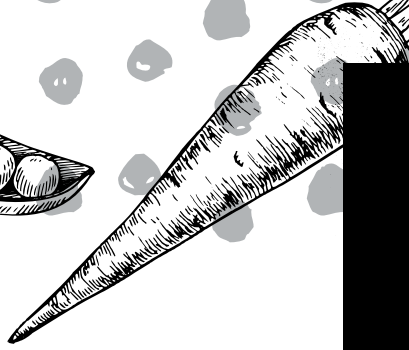
3. As you start picking up items from the list, teach your child how to find the prices. Point out that some foods cost more than others.

- A. This would be a good time to talk with your child about those who don't make enough money to buy the food they need. Tell them about how God cares for the vulnerable and wants us to help. We can do things like donating to food pantries, or partnering with World Renew to equip them with the resources they need to grow their own food and improve their income.

4. As you go through the store, talk with your child about where various foods come from. For example, eggs come from chicken farms, bagels come from bakeries, and ice cream comes from a creamery.

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5. When selecting fruits or veggies, teach your child what's important to look for. For example, how do you pick out a good watermelon?

- A. Talk with your child about how some people grow their own food and that sometimes, like in a drought, they might not have what they need to grow healthy crops. But remind your child that God cares about food for all and that sometimes God invites us to help him provide for people in need.

6. At the checkout have your child help put items on to the belt and thank them for their help.

7. On your way home, have a conversation about how growing your own food must be a lot of hard work. Remember the families who grow their own food and can't simply go to a grocery store. Together, you and your child can pray for them:

- A. Loving God, we thank you for all the healthy food we have. We want to help families who, just like us, need food that will keep them healthy and strong. Help them as they work hard everyday. Amen.

Discover how World Renew is partnering with families like yours to address world hunger through our World Hunger devotional at worldrenew.net/WorldHunger. You will also find our Dinner for Good packet with recipes and instructions on how to hold your own Dinner for Good to raise funds for our World Hunger campaign.

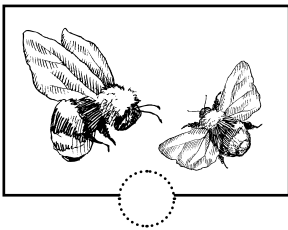
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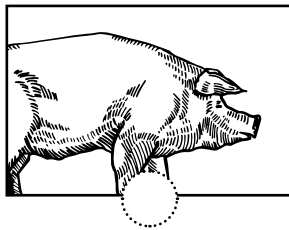
GROCERIES INSPIRED BY THE WORLD HUNGER 2022 DEVOTIONAL:

You've read about some amazing people from all over the world, who have been equipped to overcome hunger. Let's shop for the kinds of food they eat and remember to thank God for helping them.



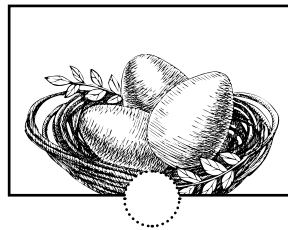
HONEY

Eddy lives in Guatemala and raises bees who make honey to provide food for him and his family.



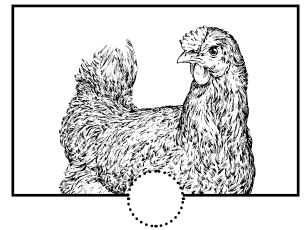
HAM/PORK

Leng and her husband live in Cambodia and run a pork business that keeps the family together.



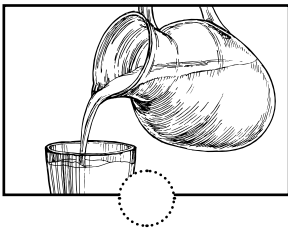
EGGS

Jessica in Honduras runs a chicken farm that produces 150 to 180 eggs a day.



CHICKEN

Lufina in Malawi raises chickens in her own backyard.



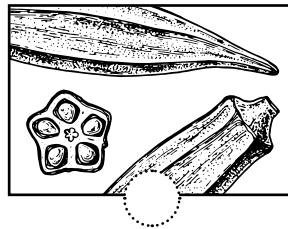
MILK

The Ndunges live in Kenya and their cow provides nutritious milk for their neighbors.



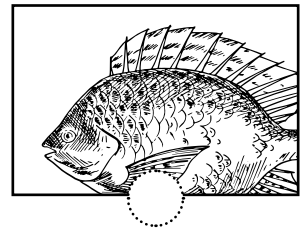
KALE

The Chirindos also live in Kenya and have recently learned how to grow kale.



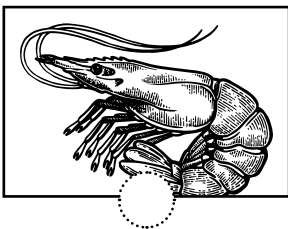
OKRA

The Chirindos are learning a lot of new farming techniques and are adding all sorts of new crops to their farm, like okra.



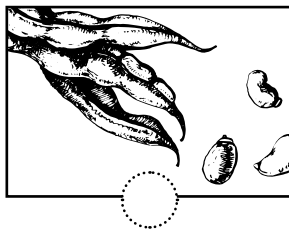
TILAPIA

Abuela (grandma) Maria lives in Honduras and tends aquaponic gardens to produce nourishing tilapia for the community's children.



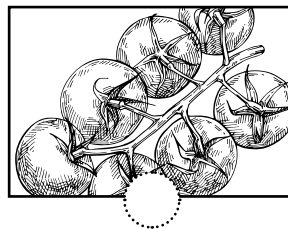
SHRIMP

Abuela Maria also has shrimp in her gardens that she uses to feed her family.



BEANS (SOY)

The Nyirendas in Zambia donated a portion of their soybean seeds to help families in need.



TOMATOES

The Chirindos are even growing produce you're familiar with—tomatoes!